BABY CARE KITS

**SOME IMPORTANT GUIDELINES TO REMEMBER**

• Please include sizes between 6 and 24 months. Varying the sizes of the clothing items included will make the Baby Care Kit useful as the baby grows.

• Sweaters may be knitted or crocheted from leftover yarn, or made from heavy double knits or fleece. Select a pattern that suits your skill level. Preferred styles have buttons or ties down the front.

• Diapers can be made from flannel or even by recycling t-shirts.

• If knitting or crocheting receiving blankets, including one knitted/crocheted blanket and one flannel blanket will provide maximum versatility.

• Onesies can be cut and hemmed or serged to make a simple t-shirt.

• Gowns, rompers or top/pants sets can be substituted for sleepers.

• Gently used, clean clothing and blankets (no stains or tears) may be substituted for new ones. It is especially important that the items be in excellent condition, as used clothing is increasingly difficult to get through customs in many countries. Even one item that looks worn or stained to local officials can jeopardize the status of a whole shipment. All other items (diapers, towel, soap) in the Kit must be new.

• Please include items with religious symbols, messages or your group’s name.

• Please donate any items decorated with a U.S. flag, patriotic or military symbols, or references to the armed forces.

• Add other items as God leads you.

**INCLUDE THE FOLLOWING IN EACH BABY CARE KIT**

**TWO** lightweight cotton t-shirts

**TWO** long- or short-sleeved gowns or sleepers

**TWO** receiving blankets, medium-weight cotton or flannel, or crocheted or knitted with lightweight yarn, up to 52” square

**FOUR** cloth diapers, flat fold preferred

**ONE** jacket, sweater or sweatshirt with a hood, or include a baby cap

**TWO** pairs of socks

**ONE** hand towel, any color

**TWO** or three bath-size bars of gentle soap equaling 8 to 9 oz., any brand, in original wrapping

**TWO** diaper pins or large safety pins

**HOW TO PACK YOUR PROJECT PROMISE KITS**

• Wrap items in one of the receiving blankets and secure with diaper pins.

• Pack completed Kits, like items together, in boxes. Label contents in **LARGE, BLOCK LETTERS** on the outside of the boxes.

• Include the name and address of your group or congregation on each box and label the contents

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Thank you! NALC Disaster Response